



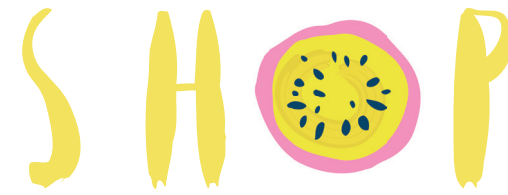
this week

dinner

1	2
3	4

breakie lunch

snack dessert



fruits + veggies

dairy + meat

health food

bread + baking

frozen + pantry

house + other

weekly meal planner